

# Diabetes treatment and latest research

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## 1. Introduction

- Recent trend
- Types of Diabetes
- Main etiology

## 2. Treatment and latest research for Diabetes

- Incretin-based anti-diabetic drugs
- Adiponectin as the innovative drug development target
- GPR119 as a drug target of new oral hypoglycemic agent
- Diabetes research for the insight of epigenome

## 3. Summary

# What is Diabetes ?

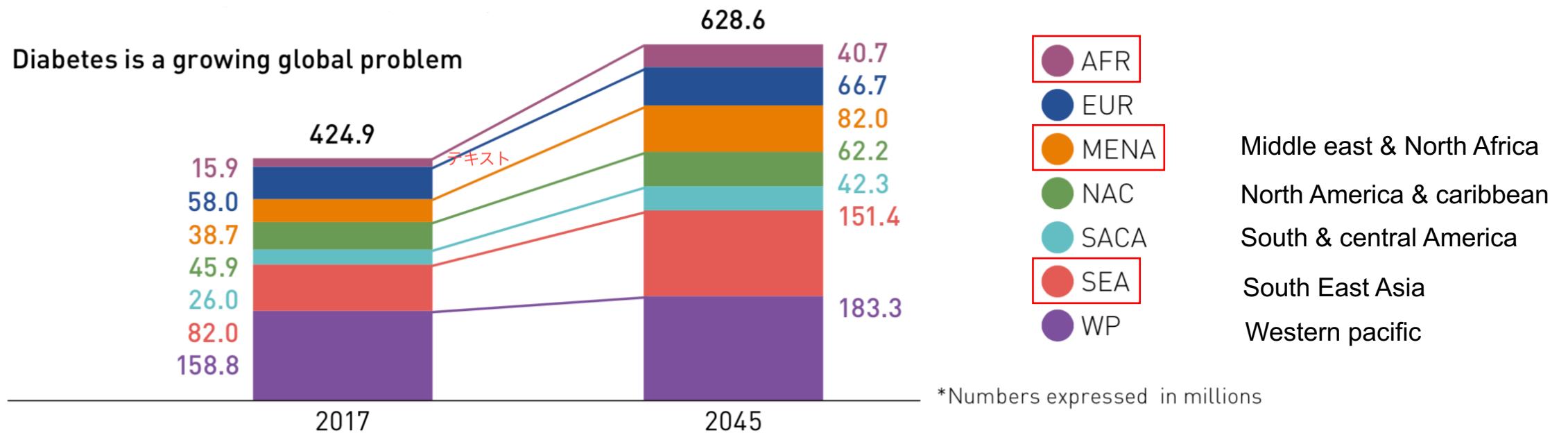
- ✓ **Metabolic disorders** characterized by **high blood sugar** levels over a prolonged period.
- ✓ Diabetes can cause many **complications**.  
( cardiovascular disease, stroke, chronic kidney disease, foot ulcers, and damage to the eyes etc.)
- ✓ Diabetes at least **doubles a person's risk of early death**.



<https://time.com/5183350/diabetes-five-types/>

# Trend of diabetes in the world

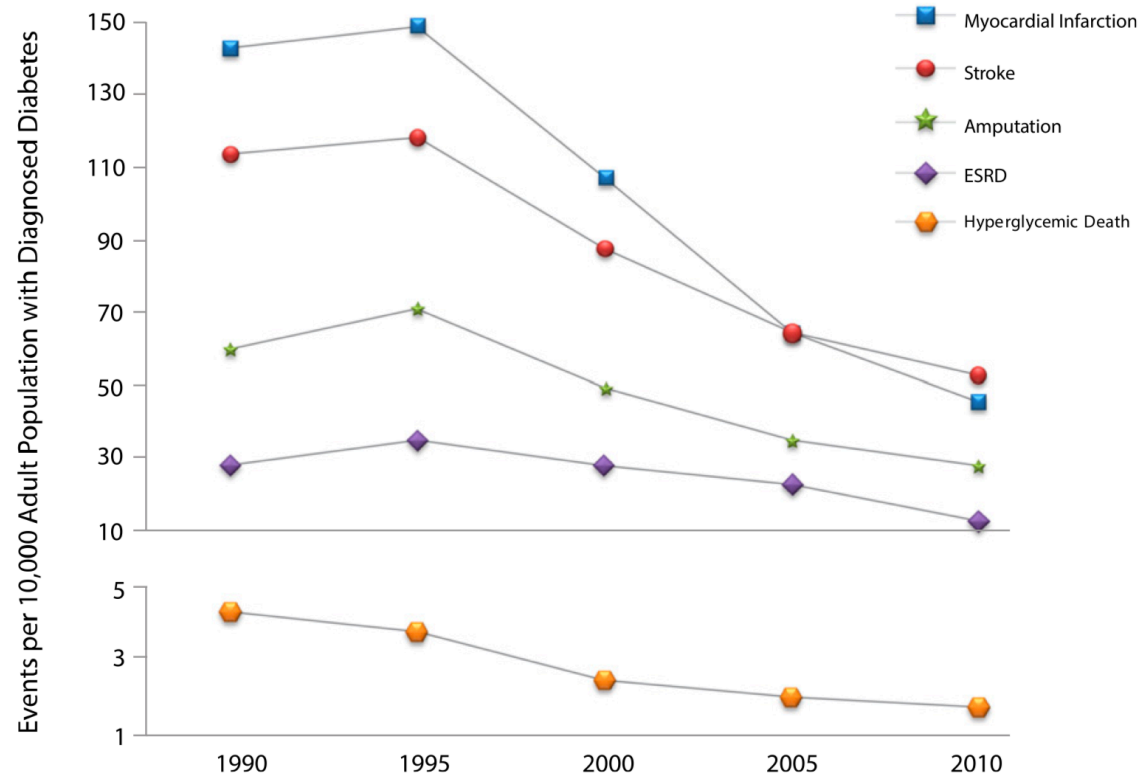
- ✓ Estimated **425 million people** had diabetes worldwide (2017).
- ✓ The number of patients in Asia and Africa is expected to increase.





# Diabetes Complications

- ✓ Complications such as myocardial infarction, stroke, lower limb amputation, kidney disease, and hyperglycemia are known to occur.
- ✓ Reductions in a diverse spectrum of diabetes-related complications were captured in a 2014 study.



**Figure 1**—Trends in age-standardized rates of diabetes-related complications from 1990 to 2010 among U.S. adults with diagnosed diabetes. Previously published in *The New England Journal of Medicine* (26).

# Types of diabetes

## ■ Type 1 diabetes:

This type **occurs when the body fails to produce insulin**. People with type 1 diabetes are insulin-dependent, which means they must take artificial insulin daily to stay alive.

## ■ Type 2 diabetes:

Type 2 diabetes affects the way the body uses insulin. While the body still makes insulin, unlike in type 1, **the cells in the body do not respond to it as effectively as they once did**. This is the most common type of diabetes, and it has **strong links with obesity**.

## ■ Gestational diabetes:

This type occurs in women during pregnancy when the body can become less sensitive to insulin. Gestational diabetes does not occur in all women and usually resolves after giving birth.

# Main etiology

## Diabetes

### Type 1 diabetes

Pancreatic  $\beta$ -  
cell destruction  
by autoimmunity

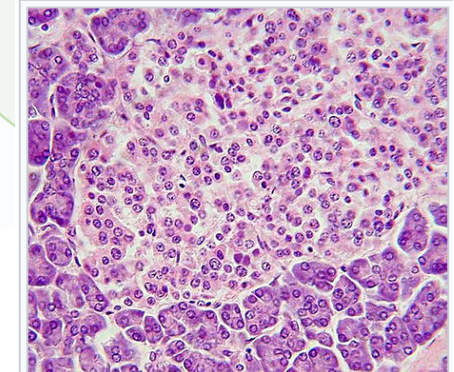
Islet cell injury  
by virus

### Type 2 diabetes

Insulin resistance

Islet dysfunction

Pancreatic islets: The  $\beta$ -cells of the pancreatic islets secrete insulin and regulate glucose level.



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# Treatment (Incretin-based anti-diabetic drugs)

## Incretin(Intestine secretion insulin)

a group of metabolic hormones that stimulate a decrease in blood glucose levels. Incretins are released after eating and **augment the secretion of insulin** released from pancreatic  $\beta$ -cells of the islets of Langerhans by a **blood glucose dependent mechanism**.

(GIP、GLP-1)

GLP-1 : glucagon-like peptide-1

GIP : glucose-dependent insulinotropic polypeptide

*In particular, drugs targeting GLP-1 and GLP-1 receptor are used in the treatment of diabetes.*

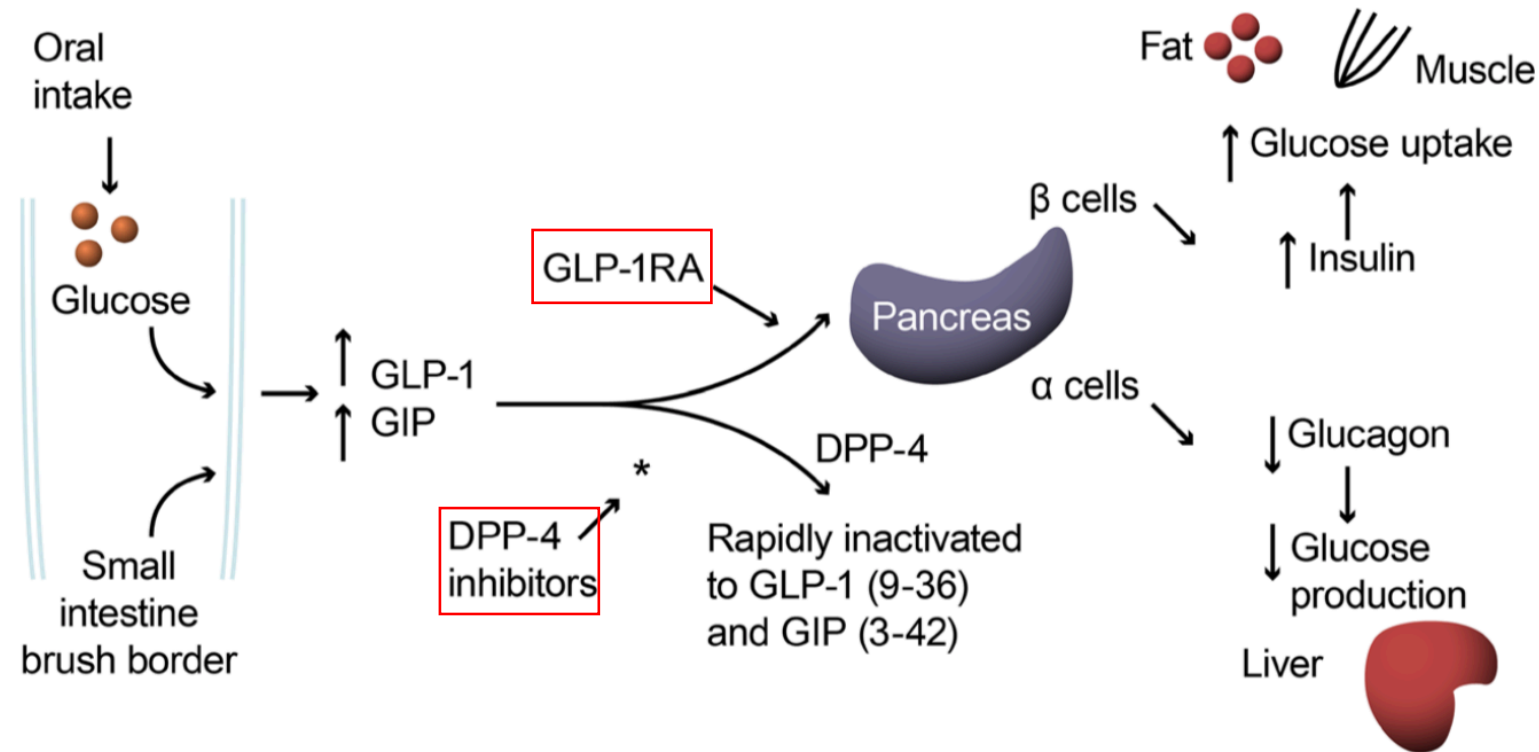
# Treatment (Incretin-based anti-diabetic drugs)

## GLP-1 receptor agonists (GLP-1RA)

- **enhance glucose- dependent insulin secretion** by mimicking the glucoregulatory effects of endogenous GLP-1 and by providing pharmacological (high) levels of GLP-1 activity, and also **suppress glucagon release**

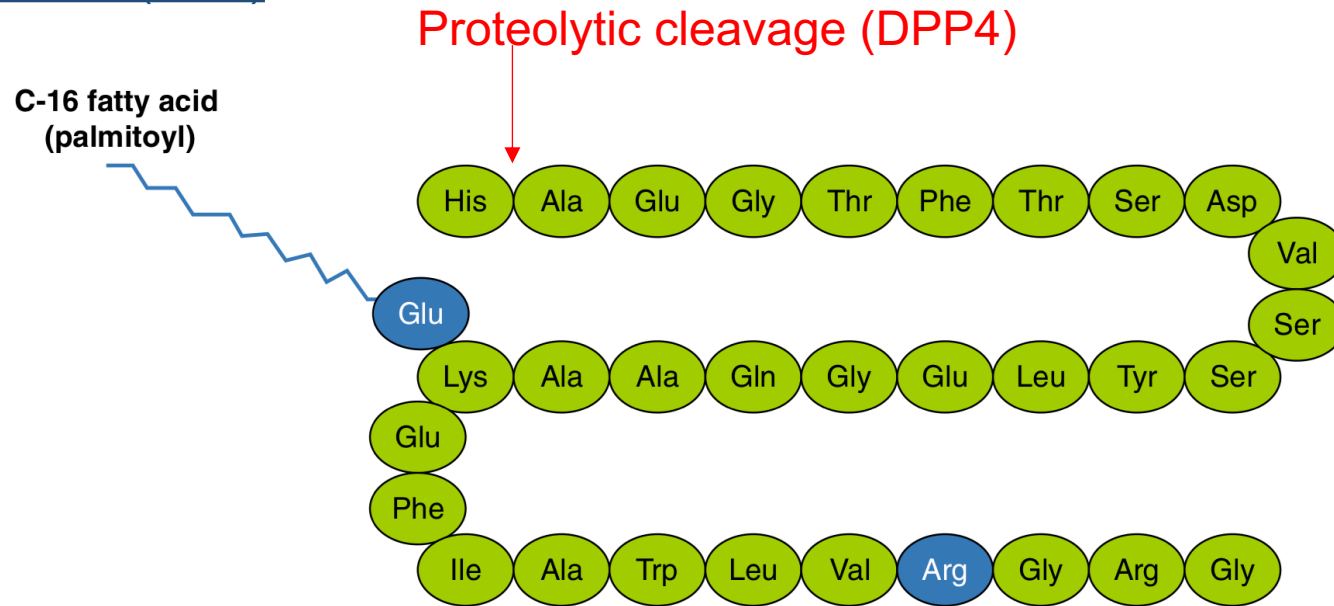
## DPP-4 inhibitors

- **prevent enzymatic inactivation of endogenous GLP-1**, resulting in prolonged availability of physiological levels of native GLP-1 and GIP and modest receptor activation



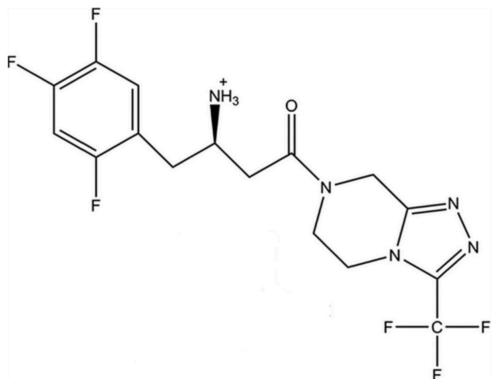
# Treatment (Incretin-based anti-diabetic drugs)

## GLP-1 receptor agonists (7-37)



- Stability against DPP4
- Long plasma half-life

## DPP-4 inhibitors



sitagliptin

*Clin Pharmacokinet*, **2016**, *55*, 657–672

*Spectrochim. Acta A Mol. Biomol. Spectrosc.*, **2019**, *223*, 117286

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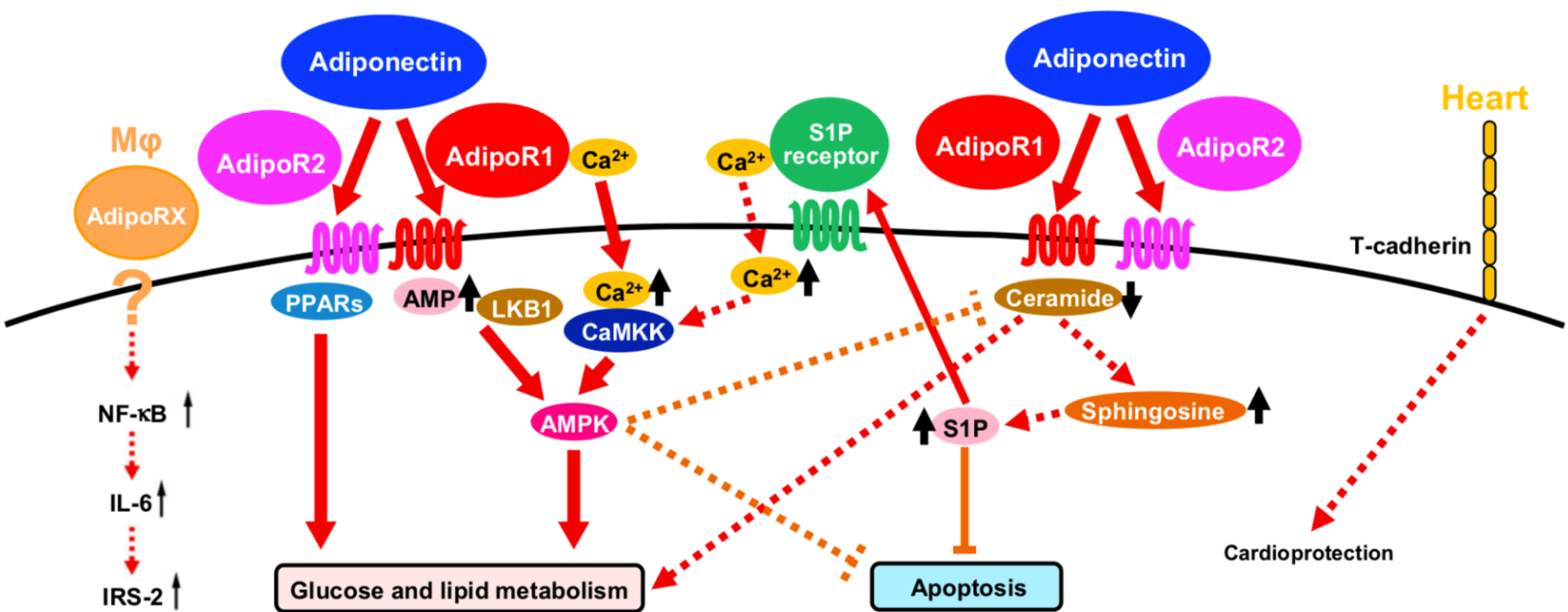
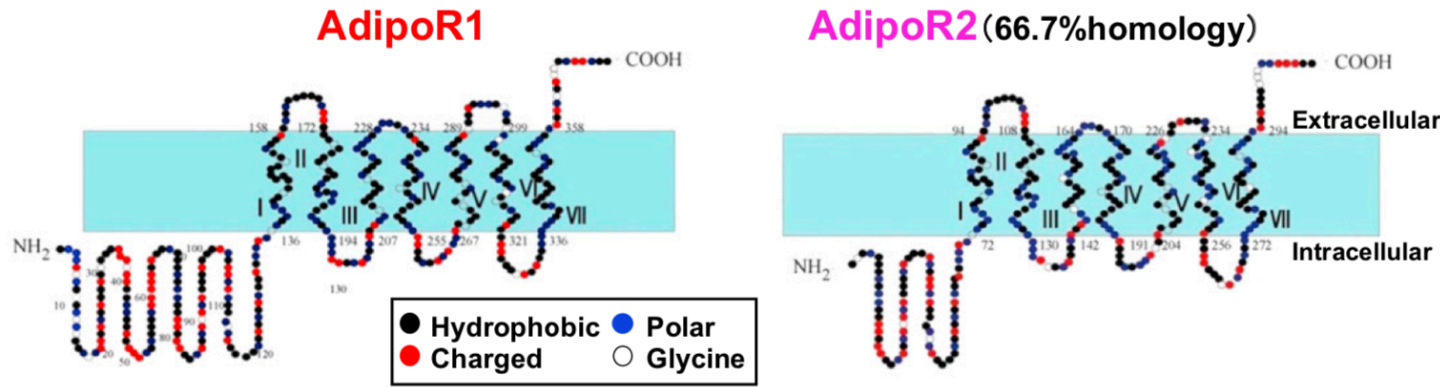


# Treatment (Adiponectin as the innovative drug development target)

## Impaired Adiponectin Action Is a Hallmark of Obesity- Related Diseases

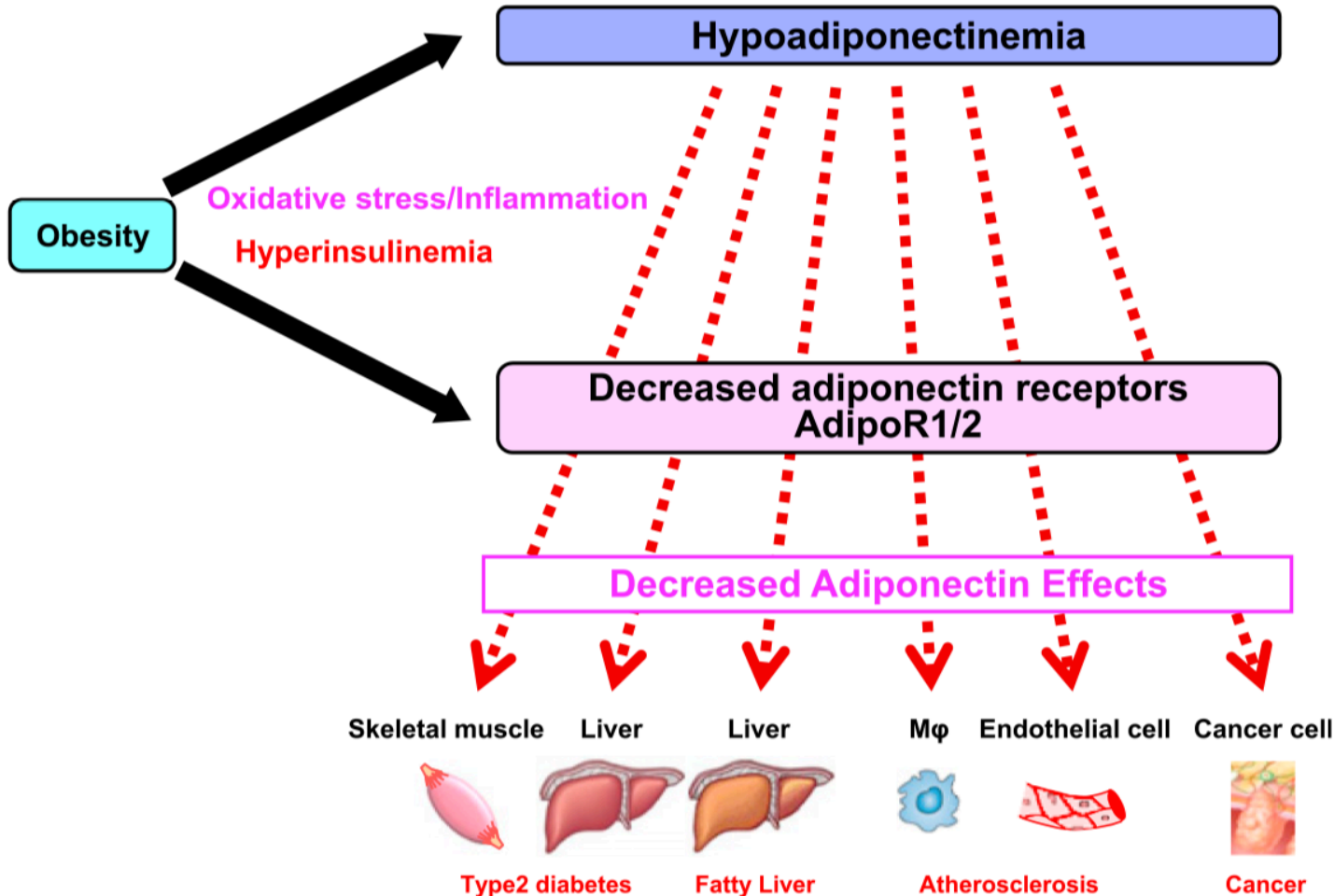
Adiponectin  
: protein hormone which is involved in **regulating glucose levels** as well as fatty acid breakdown.

- Function**
- **Glucose uptake promoting action without insulin receptor**
  - fatty acid burning
  - increase insulin receptor sensitivity
  - Increased insulin sensitivity
  - suppression of arteriosclerosis
  - anti-inflammatory
  - suppression of myocardial hypertrophy



# Treatment (Adiponectin as the innovative drug development target)

## Impaired Adiponectin Action Is a Hallmark of Obesity- Related Diseases



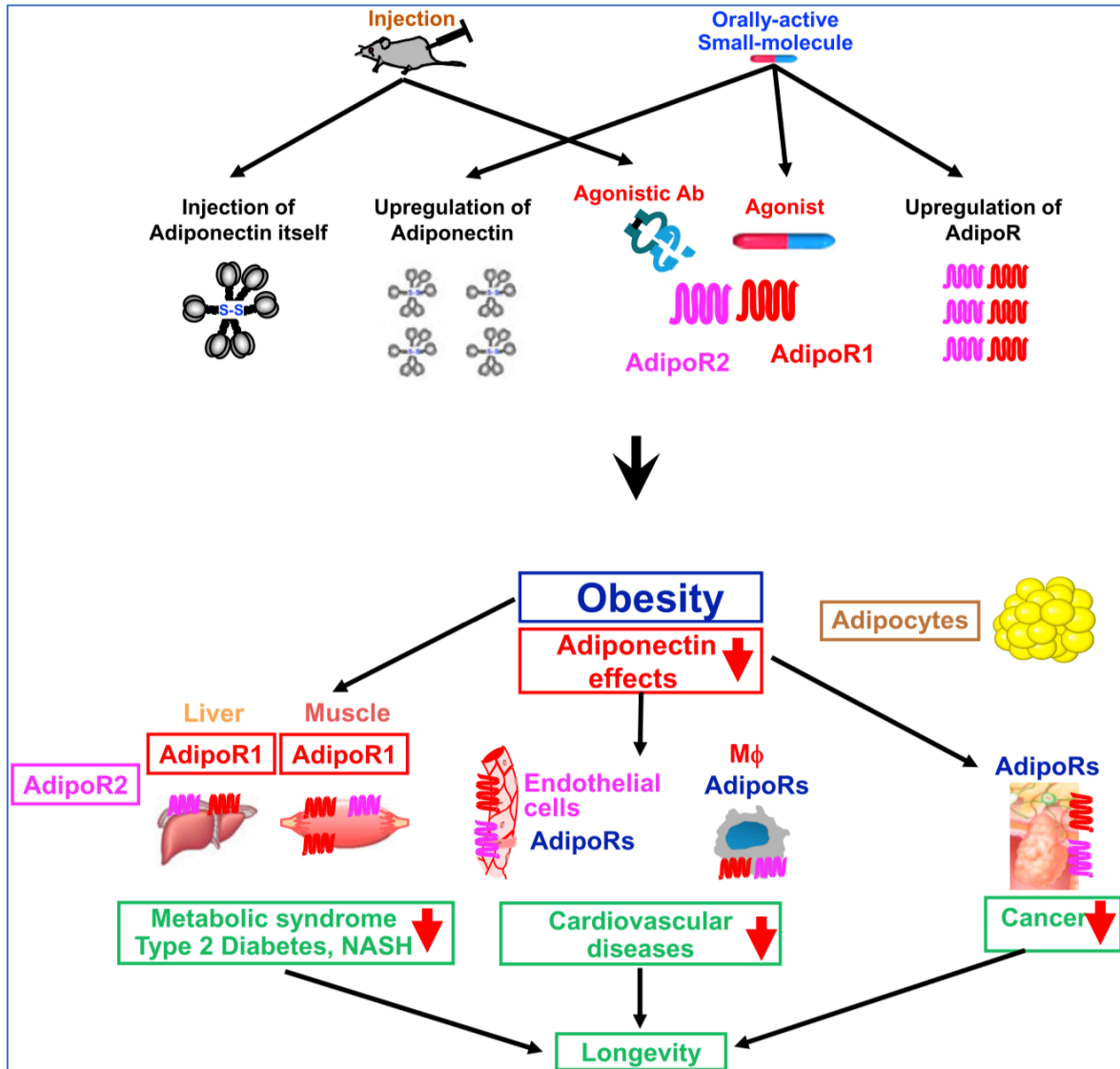
### Adiponectin

: protein hormone which is involved in regulating glucose levels as well as fatty acid breakdown.

- ✓ Decreased adiponectin effects cause various types of obesity-related diseases.

# Treatment (Adiponectin as the innovative drug development target)

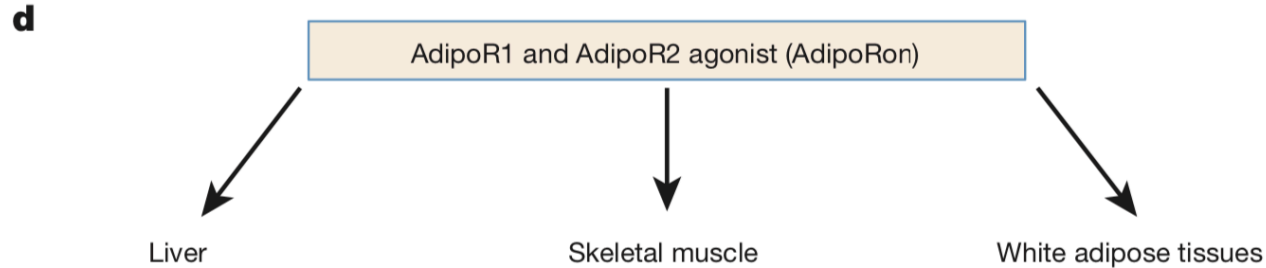
## Strategies to Increase Adiponectin Effects and Pathophysiological Roles of Adiponectin/AdipoR in Obesity



- Injection of adiponectin itself
- Upregulation of adiponectin
- Adiponectin receptor agonist
- Upregulation of AdipoR

# Treatment (Adiponectin as the innovative drug development target)

## Translational Research Targeted to Adiponectin and AdipoRs



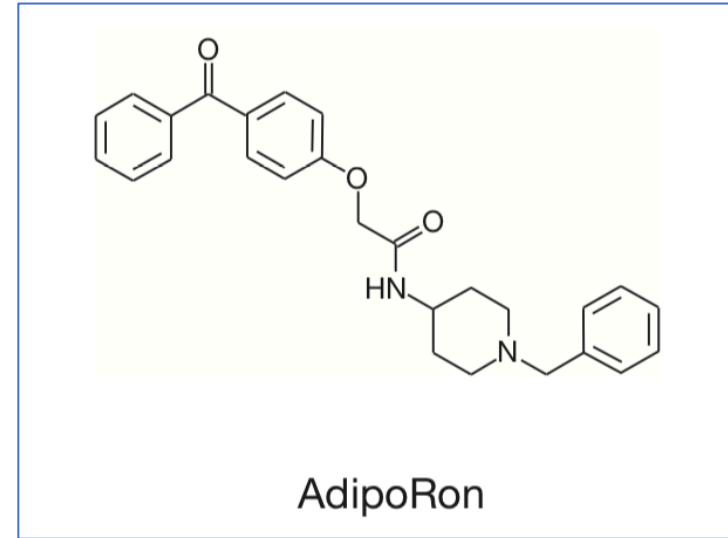
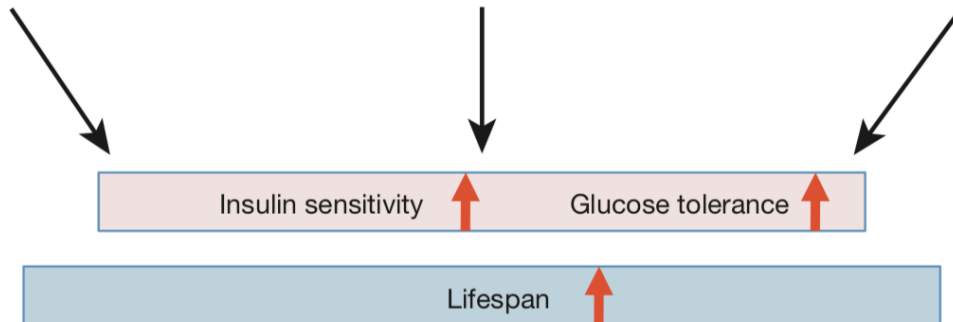
**Increases**  
 Genes involved in fatty-acid combustion  
 Genes encoding oxidative stress-detoxifying enzymes

**Decreases**  
 Genes involved in gluconeogenesis  
 Triglyceride content  
 Pro-inflammatory cytokines  
 Oxidative stress

**Increases**  
 Mitochondrial biogenesis  
 Genes involved in fatty-acid combustion  
 Oxidative phosphorylation gene expression  
 Genes encoding oxidative stress-detoxifying enzymes  
 Exercise endurance

**Decreases**  
 Triglyceride content  
 Oxidative stress

**Decreases**  
 Pro-inflammatory cytokines  
 M1 macrophage accumulation  
 Oxidative stress



*AdipoR agonists such as AdipoRon are a promising therapeutic approach for the treatment of obesity-related diseases such as type 2 diabetes.*

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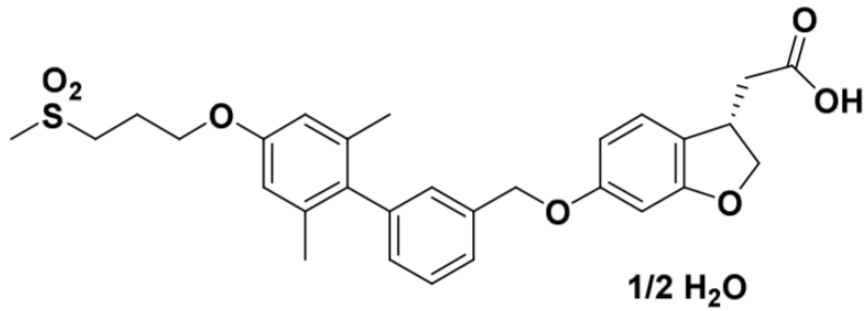
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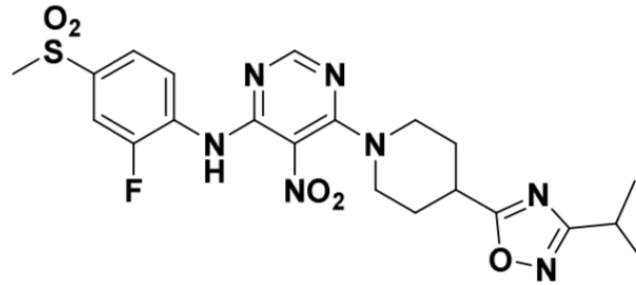
## 3. Summary



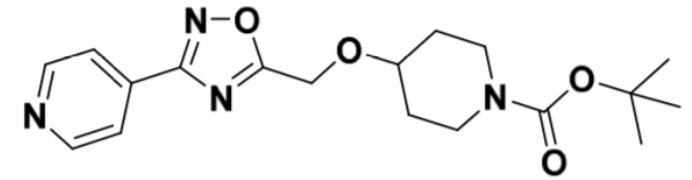
# Treatment (GPR119 as a drug target of new oral hypoglycemic agent)



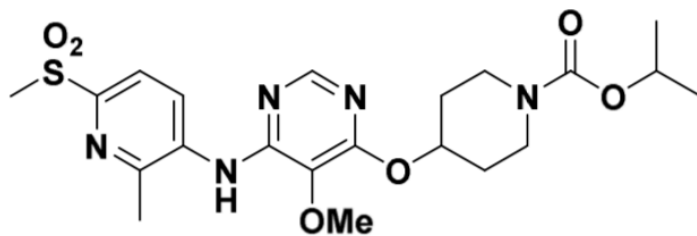
TAK-875



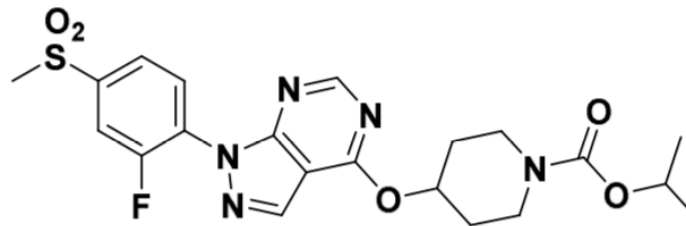
AR231453



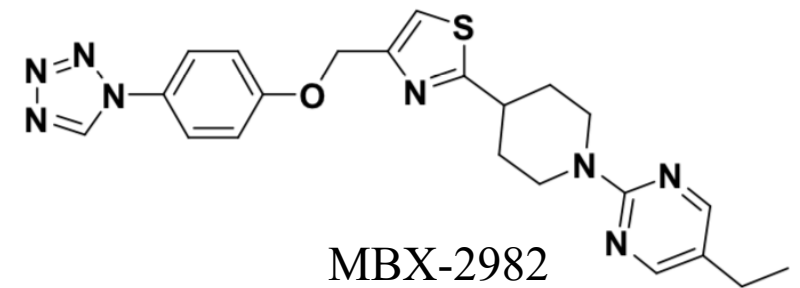
PSN-632408



APD597



APD668

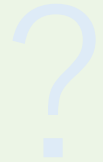


MBX-2982

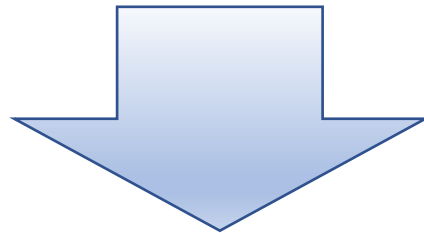
*GPR119 agonist can stimulate secretion of endogenous GLP-1, and give improved glycaemic control and associated weight loss through an oral dosing regime.*

# Diabetes research from the insight of epigenome

- Type 2 diabetes is fundamentally a **heterogeneous disease**.
- To what extent do **genetic and environmental factors** contribute to its pathogenesis?
- To what extent do **insulin resistance** and **islet insufficiency** contribute to the condition?
- How likely are individuals to develop **complications**?



Large individual differences



***Personalized medicine***



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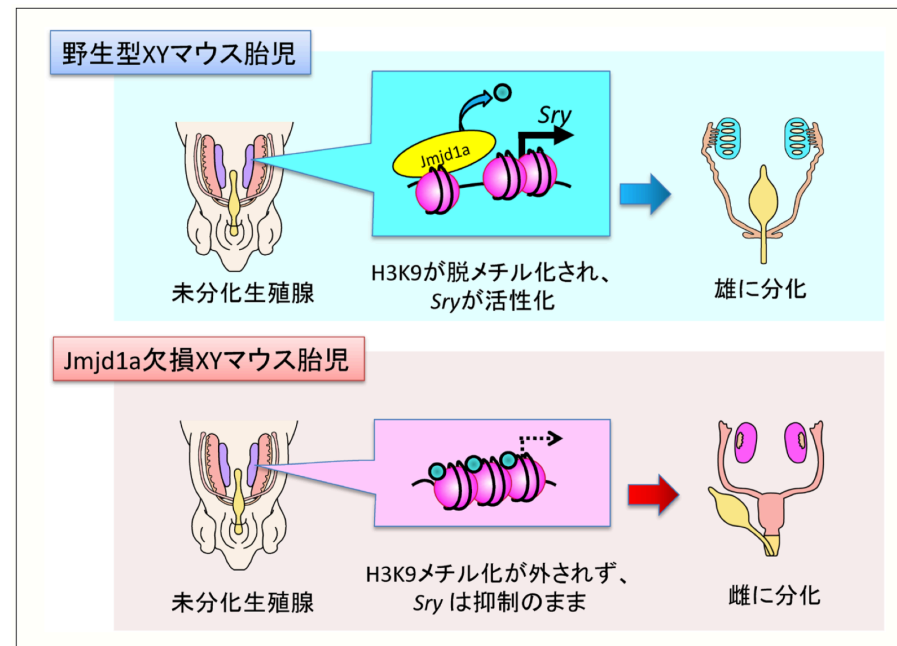
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# Diabetes research from the insight of epigenome

JMJD1A : (Jumonji domain-containing 1a)

- The H3K9-specific demethylase.
- It has an important role in nuclear hormone receptor-mediated gene activation and male germ cell development.

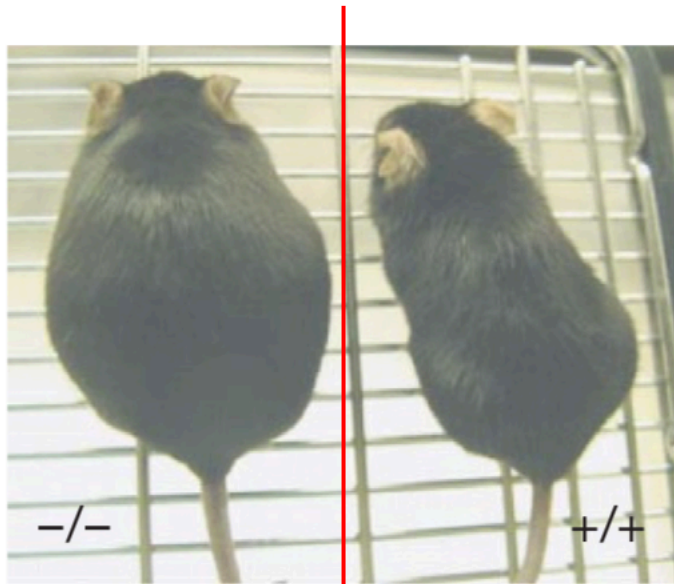


# Diabetes research from the insight of epigenome

Jhdm2a=JMJD1A

*The loss of Jhdm2a function results in abnormal fat metabolism and obesity.*

**a**

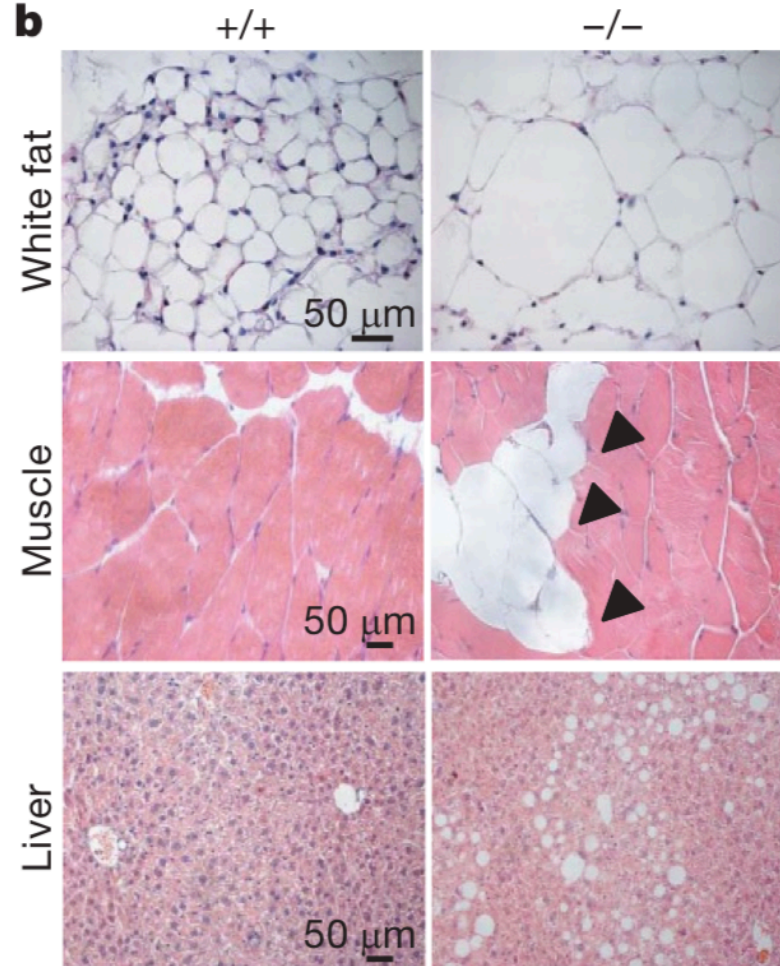


Jhdm2a knockout

wild-type

(7-month-old littermates)

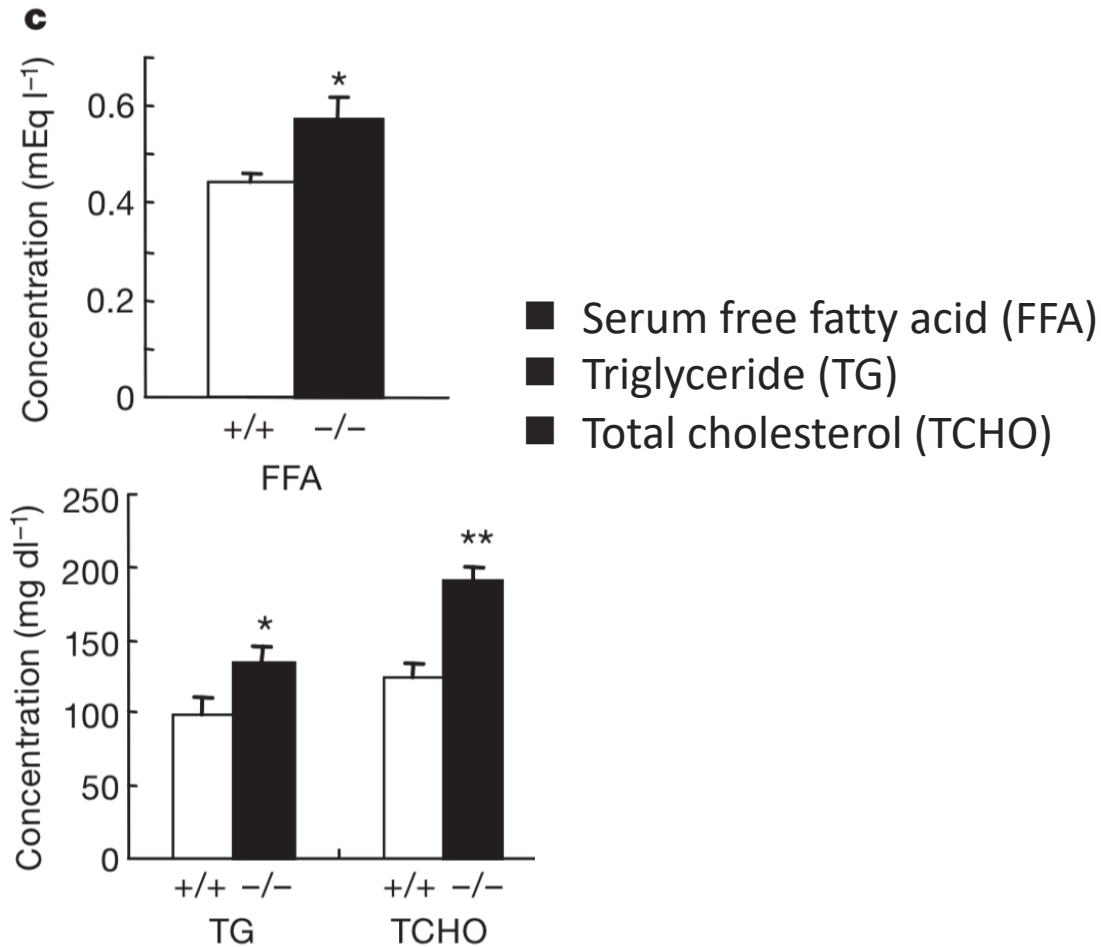
**b**



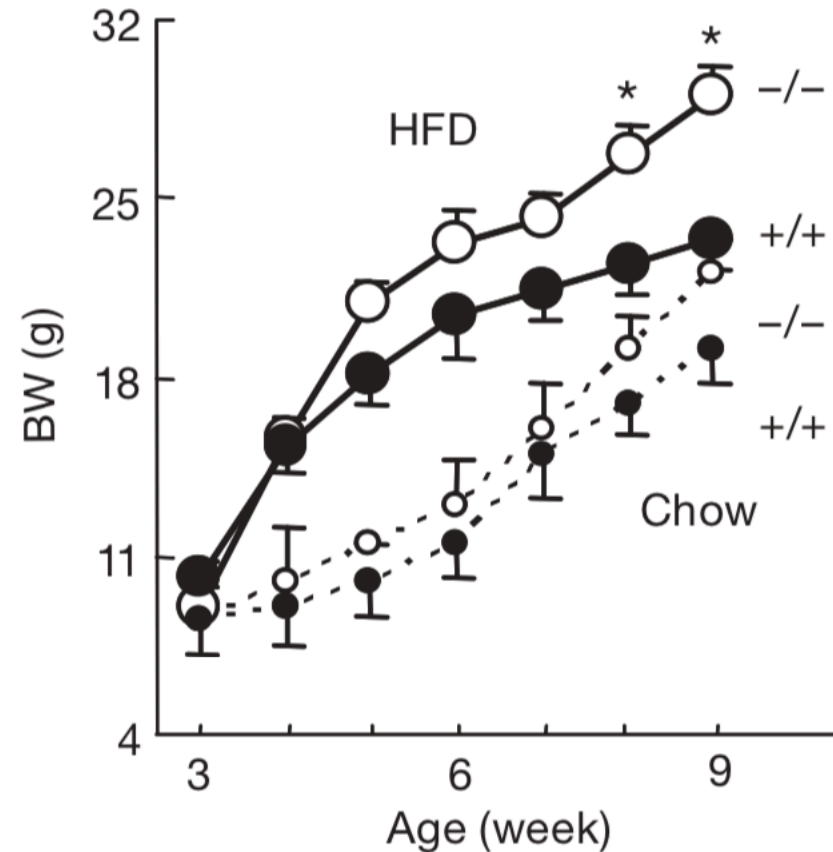
⇔ Abnormal fat accumulation in organs of Jhdm2a<sub>2/2</sub> mice

# Diabetes research from the insight of epigenome

Jhdm2a=JMJD1A



- ✓ The increased levels of FFA, TG, and TCHO were observed.

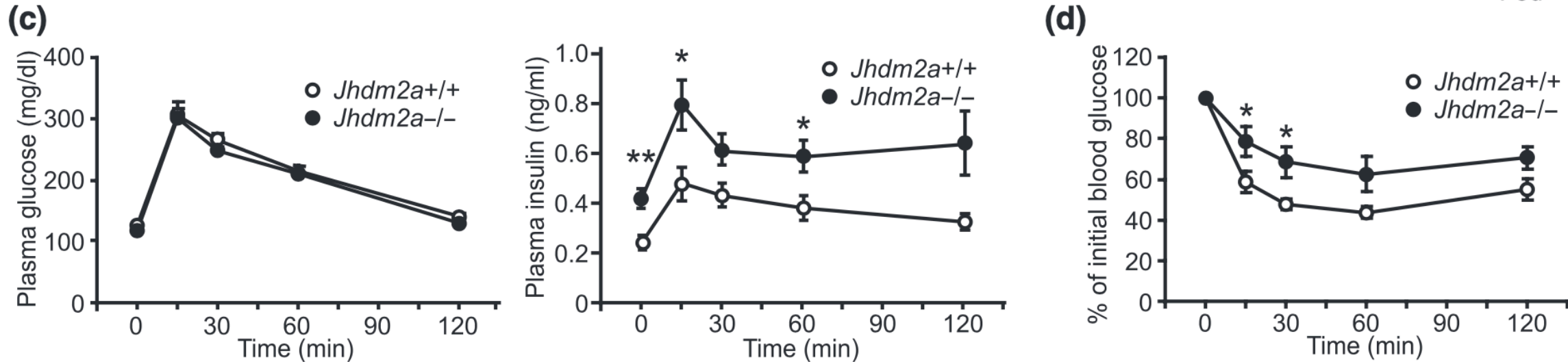


- ✓ Growth curve of littermates fed with a high-fat diet (HFD) or normal chow

# Diabetes research from the insight of epigenome

Jhdm2a=JMJD1A

*Mice with abnormal methylation with histone H3K9 show obesity insulin resistance.*



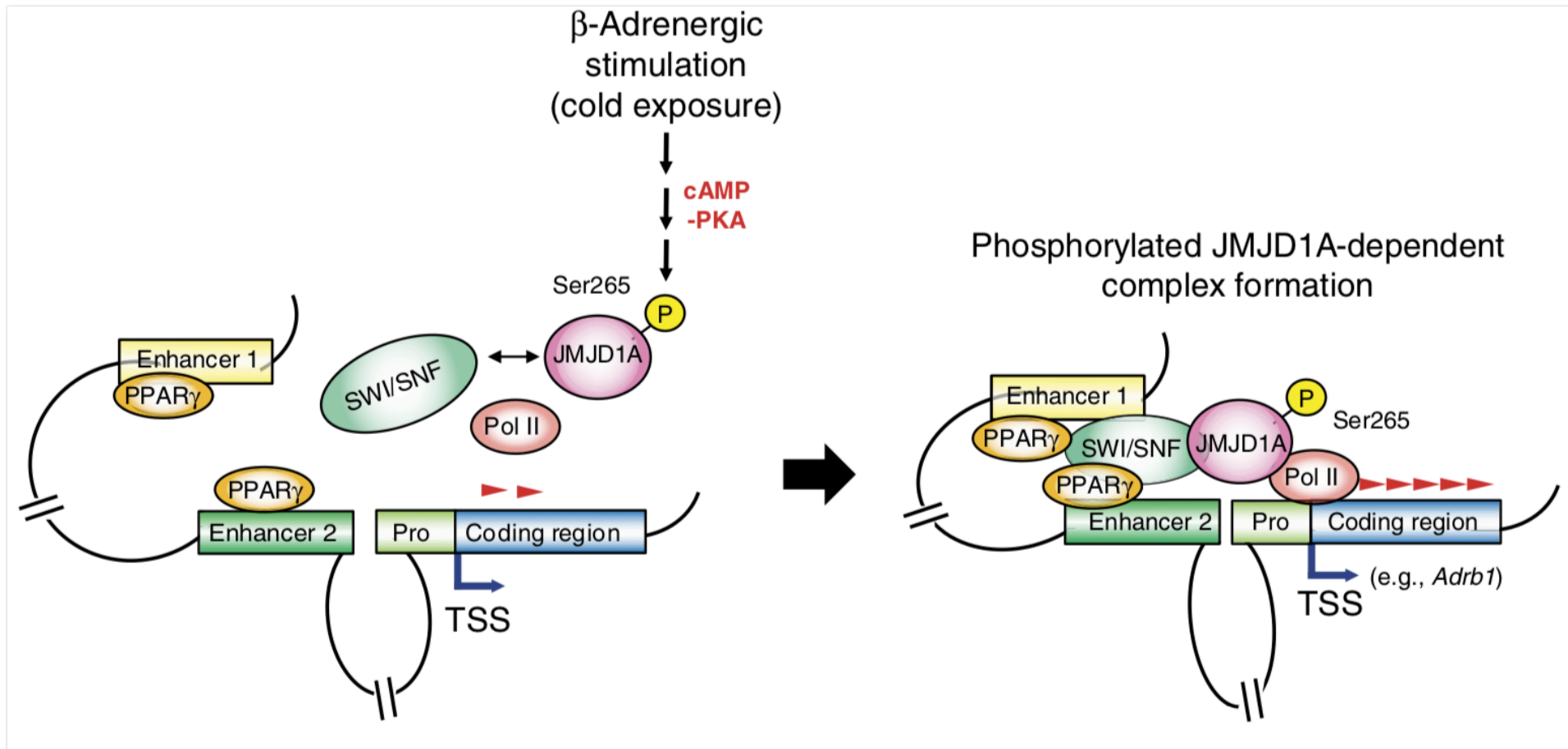
- ✓ Whole-body insulin insensitivity is associated with adult onset obesity *JHDM2a*<sup>-/-</sup> mice.
- ✓ These mice mimic a pre-diabetic state.

*It became clear that the mouse exhibits a characteristic of the human metabolic syndrome.*

# Diabetes research from the insight of epigenome

Jhdm2a=JMJD1A

## JMJD1A :

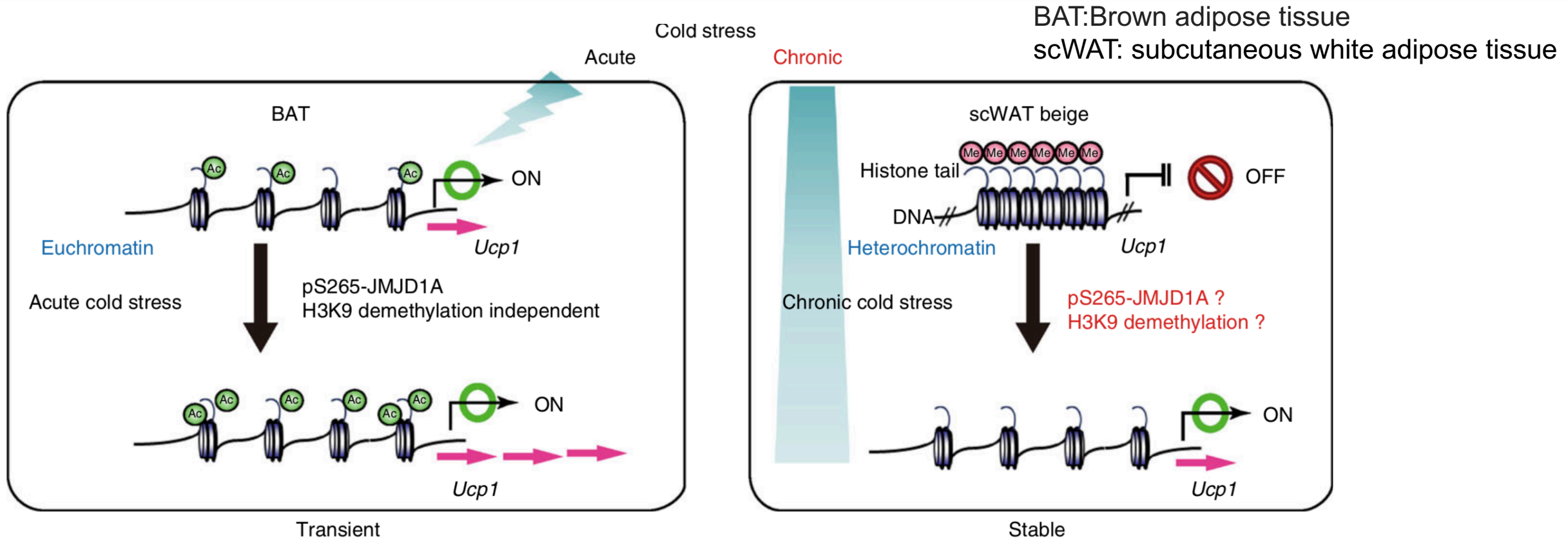


*JMJD1A regulates  $\beta$ -adrenergic-induced systemic metabolism and body weight control.*

*Nat Com, 2015 ,6 , 7052*

# Diabetes research from the insight of epigenome

Jhdm2a=JMJD1A



- In BAT, Ucp1 locus is in euchromatin
- Cold exposure leads to acute induction of Ucp1 mRNA through the mechanisms independent of H3K9me2 demethylation.

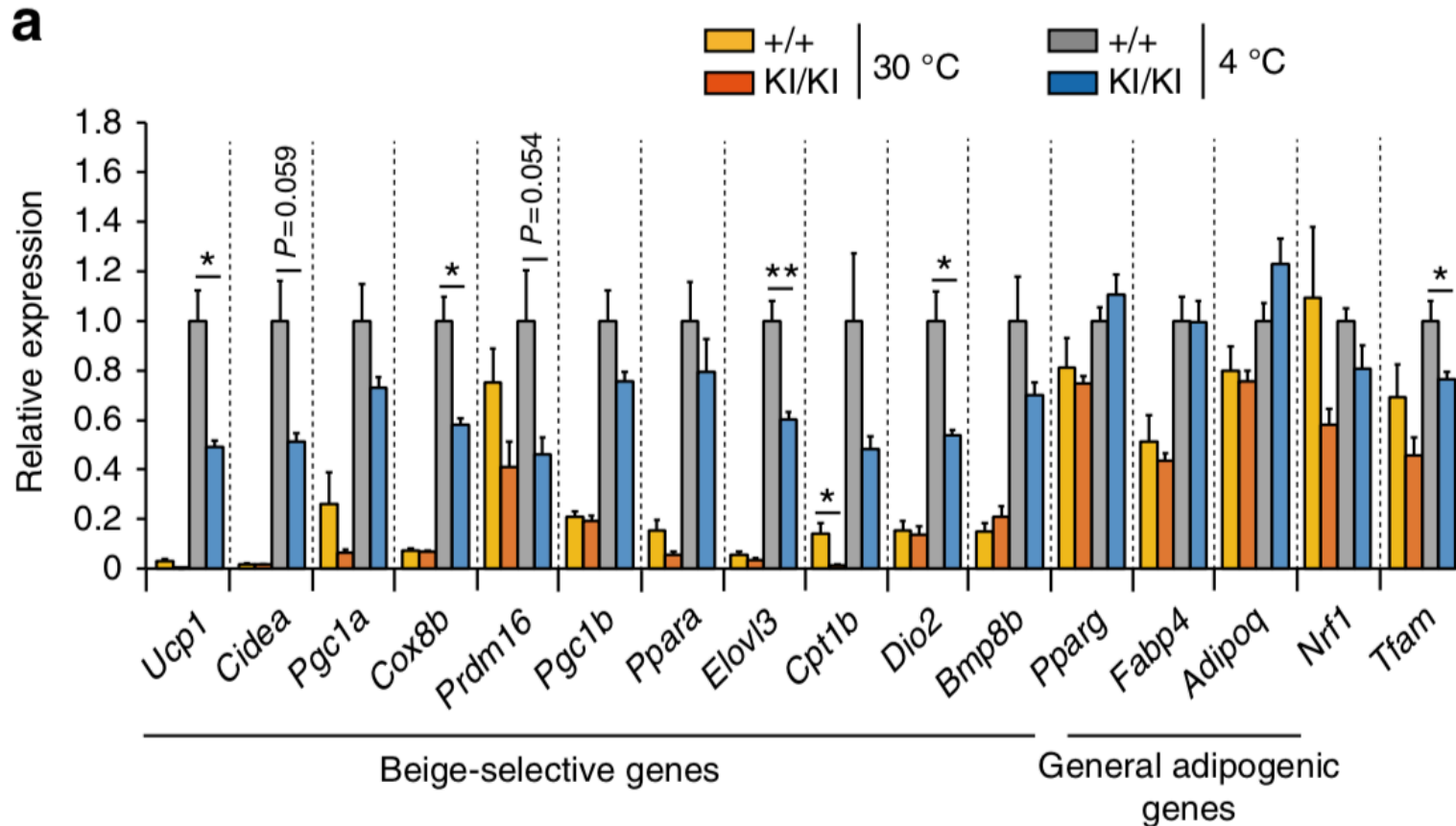
- In scWAT, Usp1 locus is in heterochromatin with H3K9me2
- H3K9me2 at Ucp1 gene locus needs to be removed for beige adipogenesis.



# Diabetes research from the insight of epigenome

Jhdm2a=JMJD1A

## Phospho-S265 JMJD1A induces beige biogenesis



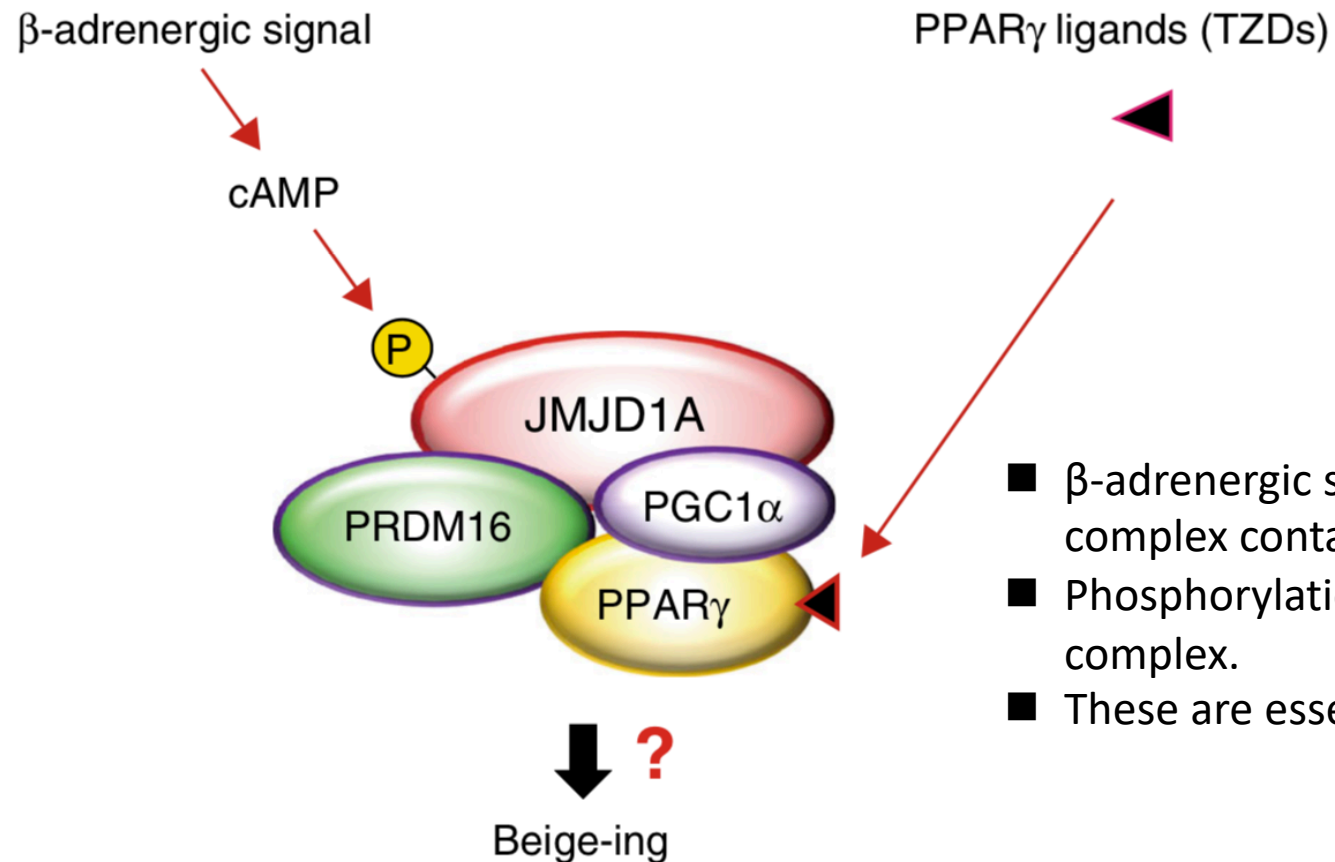
- A 4°C treatment induced the expression of the core set of thermogenic genes in scWAT, including Ucp1, Cidea, Pgc1a, Cox8b, Elovl3, and Dio2 in WT mice.



# Diabetes research from the insight of epigenome

Jhdm2a=JMJD1A

## p265-JMJD1A-PPAR $\gamma$ -PGC1 $\alpha$ -PRDM16 protein complex

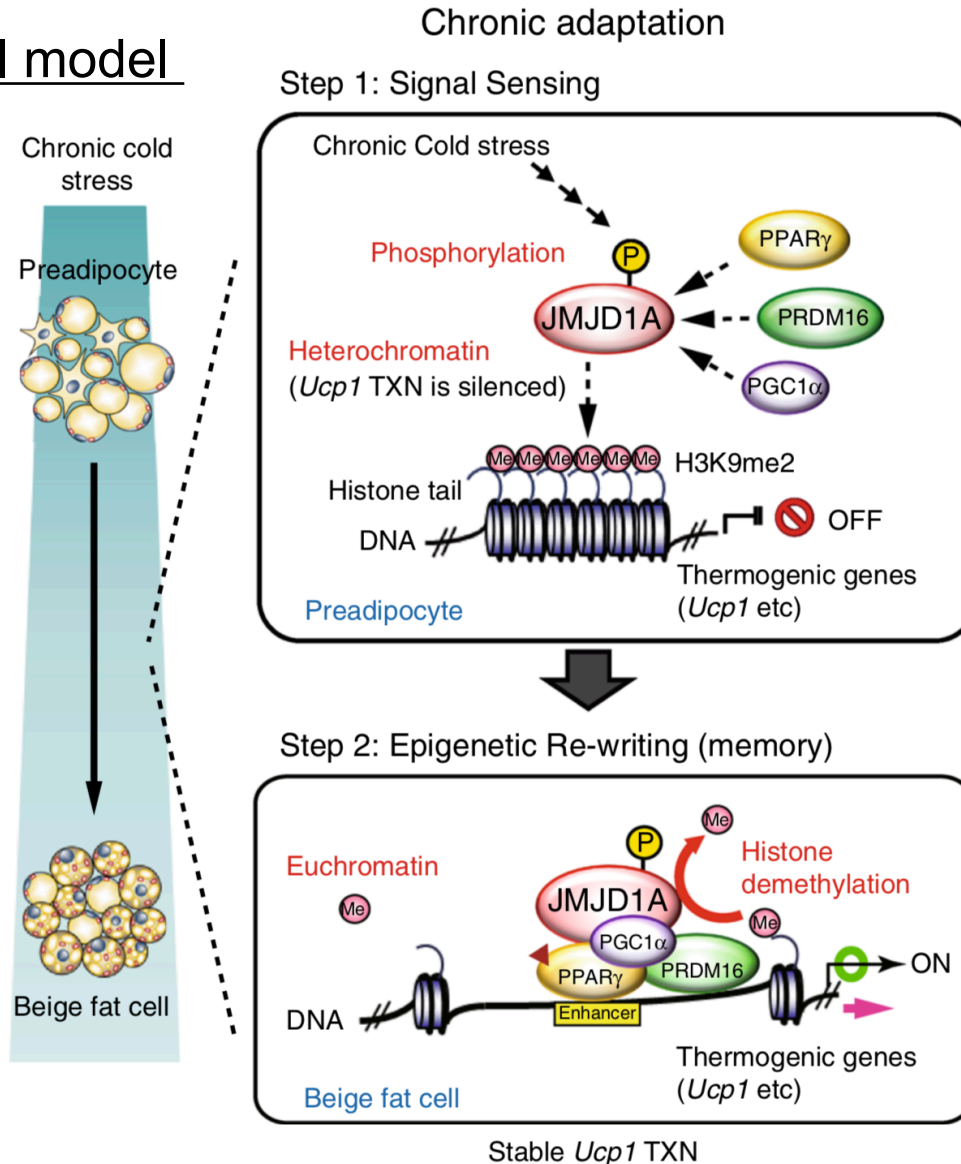


- $\beta$ -adrenergic signaling mediates the formation of a multi-protein complex containing JMJD1A-PPAR $\gamma$ -PGC1 $\alpha$ -PRDM16.
- Phosphorylation of S265 in JMJD1A nucleates formation of the entire complex.
- These are essential for beige-selective gene induction in scWAT.

# Diabetes research from the insight of epigenome

Jhdm2a=JMJD1A

## Hypothetical model



### Step1

$\beta$ -adrenergic signal leads to phosphorylation of JMJD1A

### Step1,top

JMJD1A triggers the formation of a PRDM16-PGC1 $\alpha$ -PPAR $\gamma$  transcription complex that targets beige-selective genes

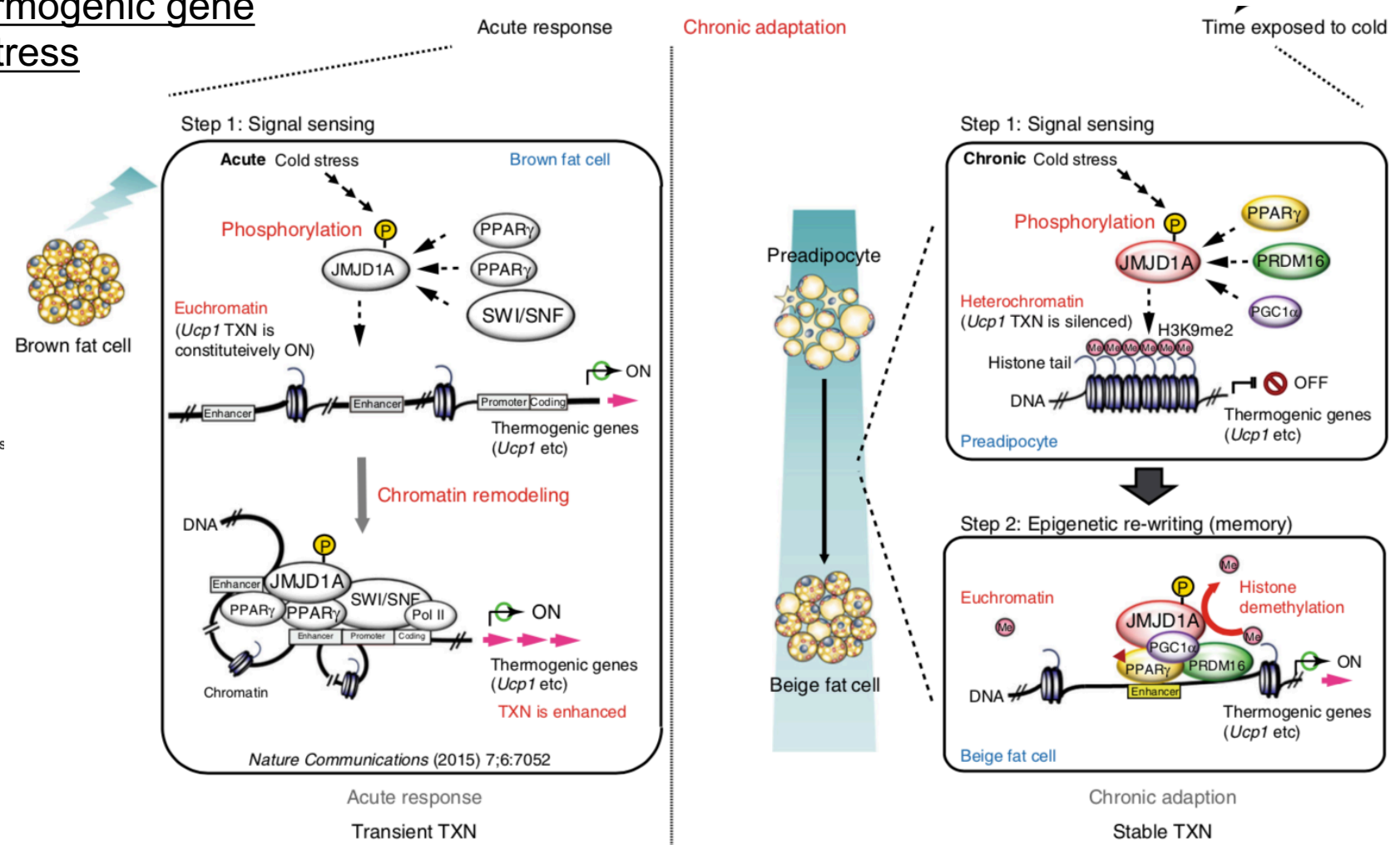
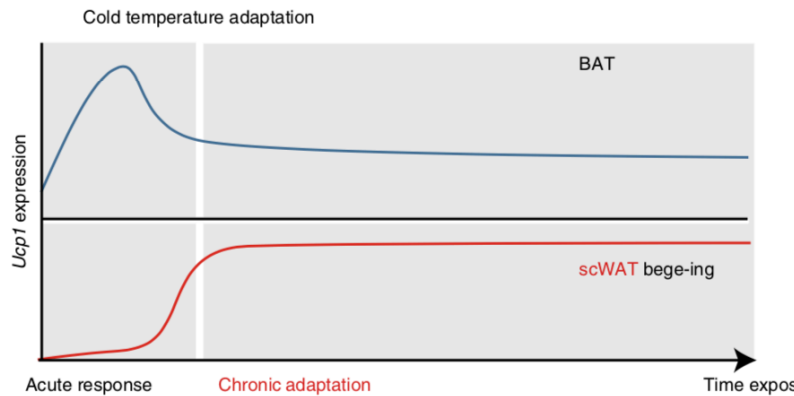
### Step2

JMJD1A then demethylates H3K9me2 to turn on the transcription of these genes in scWAT.

# Diabetes research from the insight of epigenome

Jhdm2a=JMJD1A

## Complementary mechanisms for thermogenic gene induction in acute and chronic cold stress



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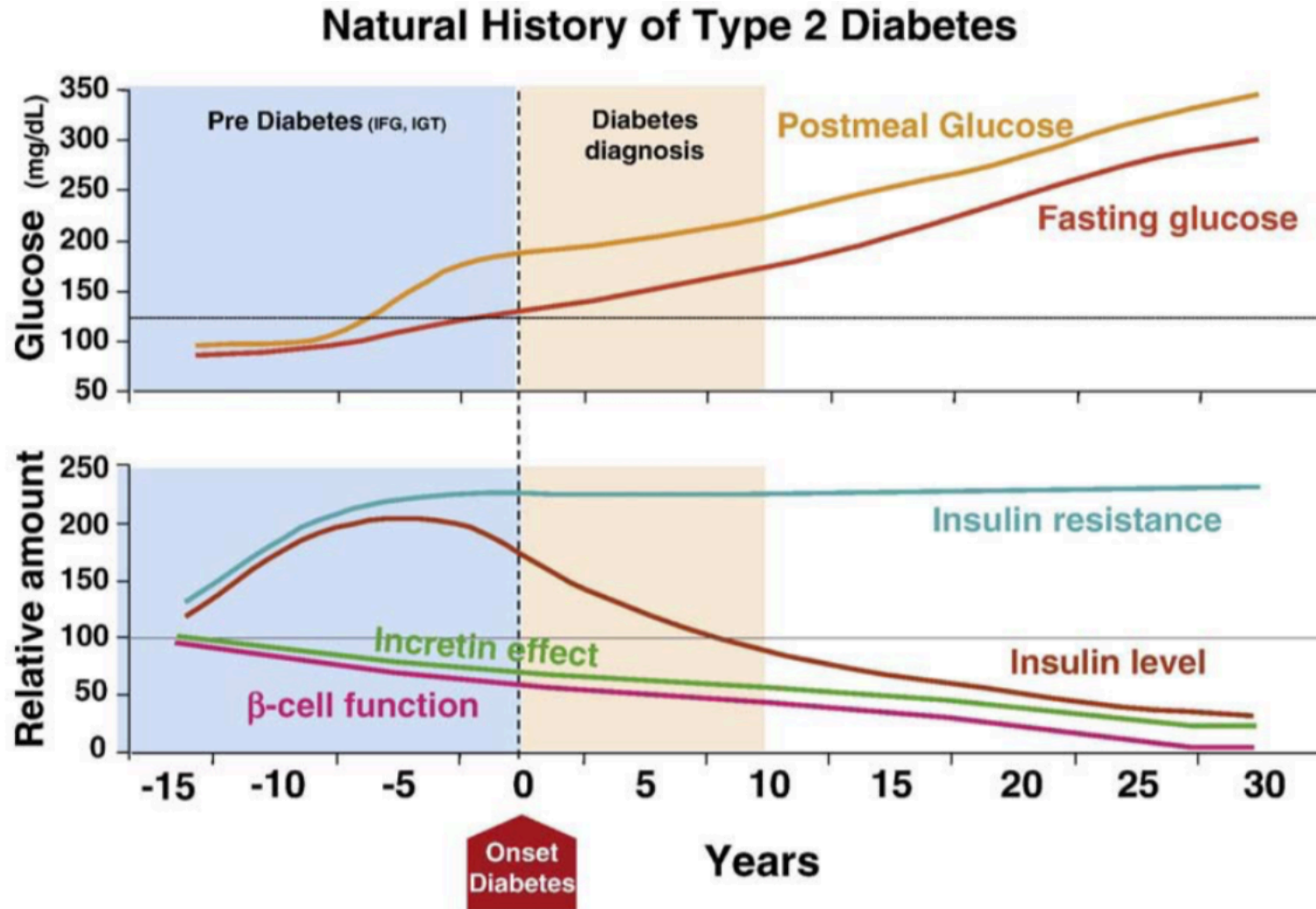
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# Summary

- Diabetes has various types of serious complications.
- Various strenuous studies have been conducted to overcome diabetes.
- There are individual differences such as ineffectiveness of existing therapies when various complications occur.
- Diabetes mellitus is a disease that still has many medical unmet medical needs, and research to eliminate unmet medical needs and the development of new therapies are indispensable fields.
- Clarifying the protein that regulates phosphorylation of JMJD1A is expected to provide important knowledge for the development of treatments for diabetes.

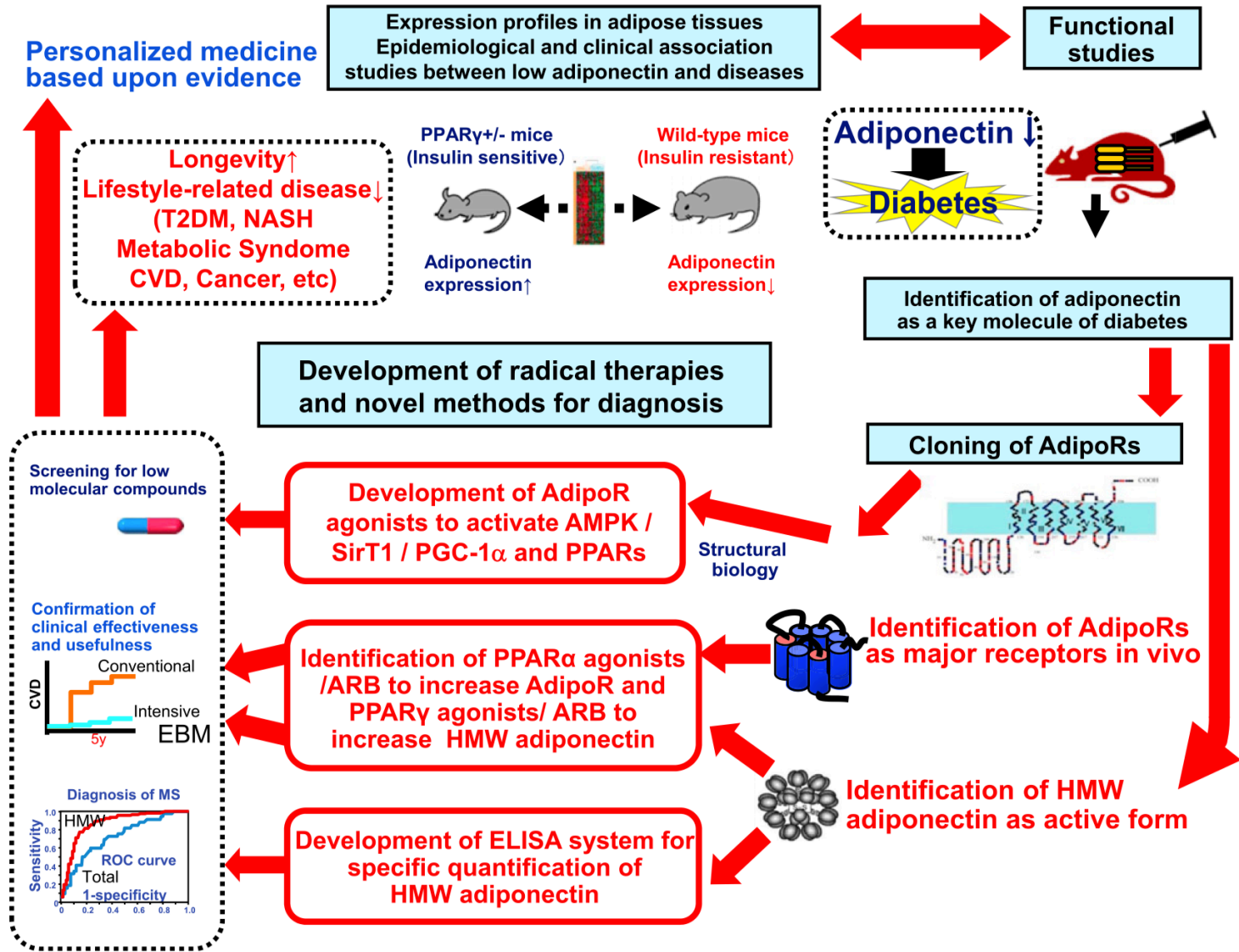
# *Appendix*

# Natural History of Type 2 Diabetes



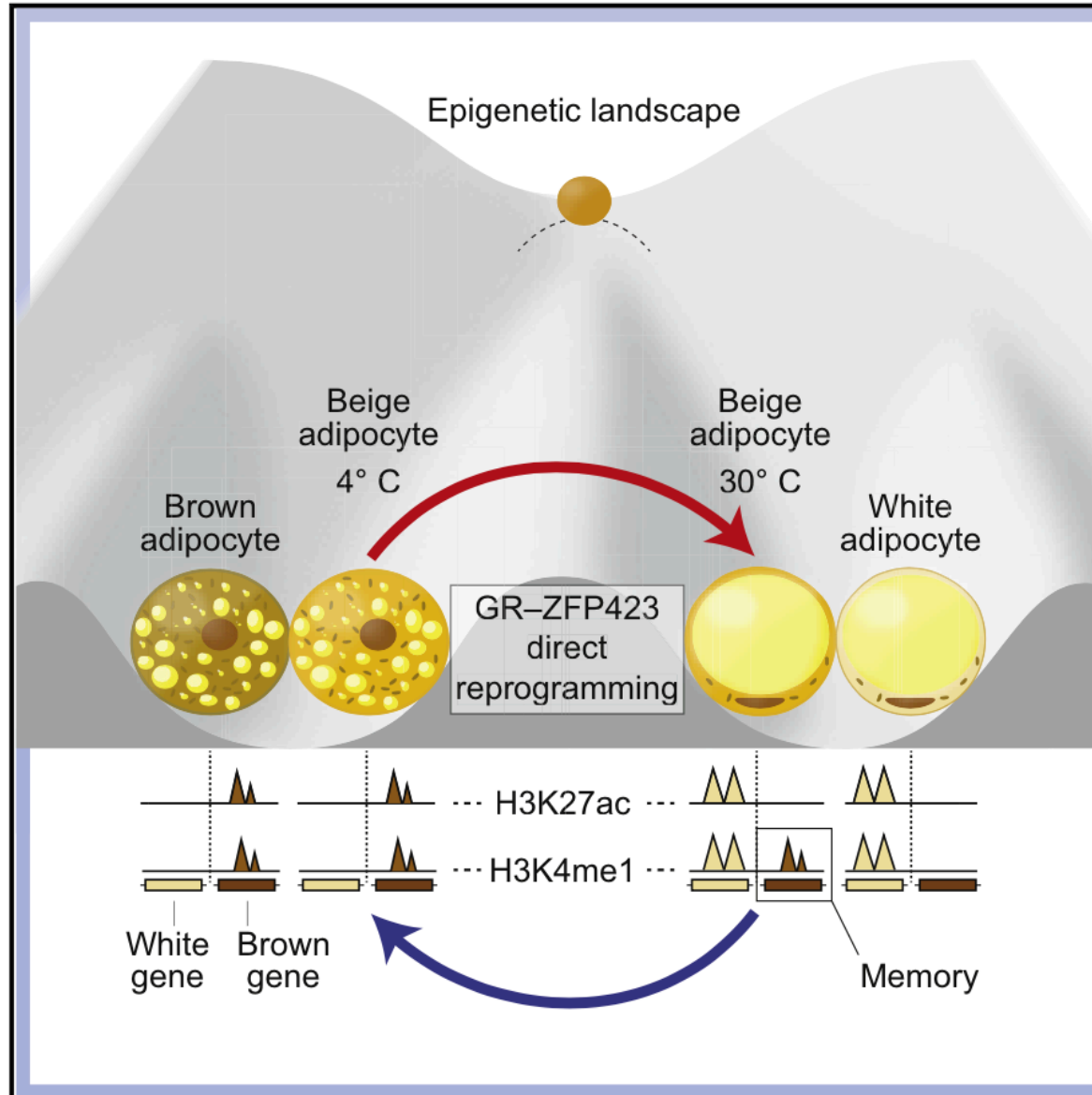
# Treatment (Adiponectin as the innovative drug development target)

## Translational Research Targeted to Adiponectin and AdipoRs



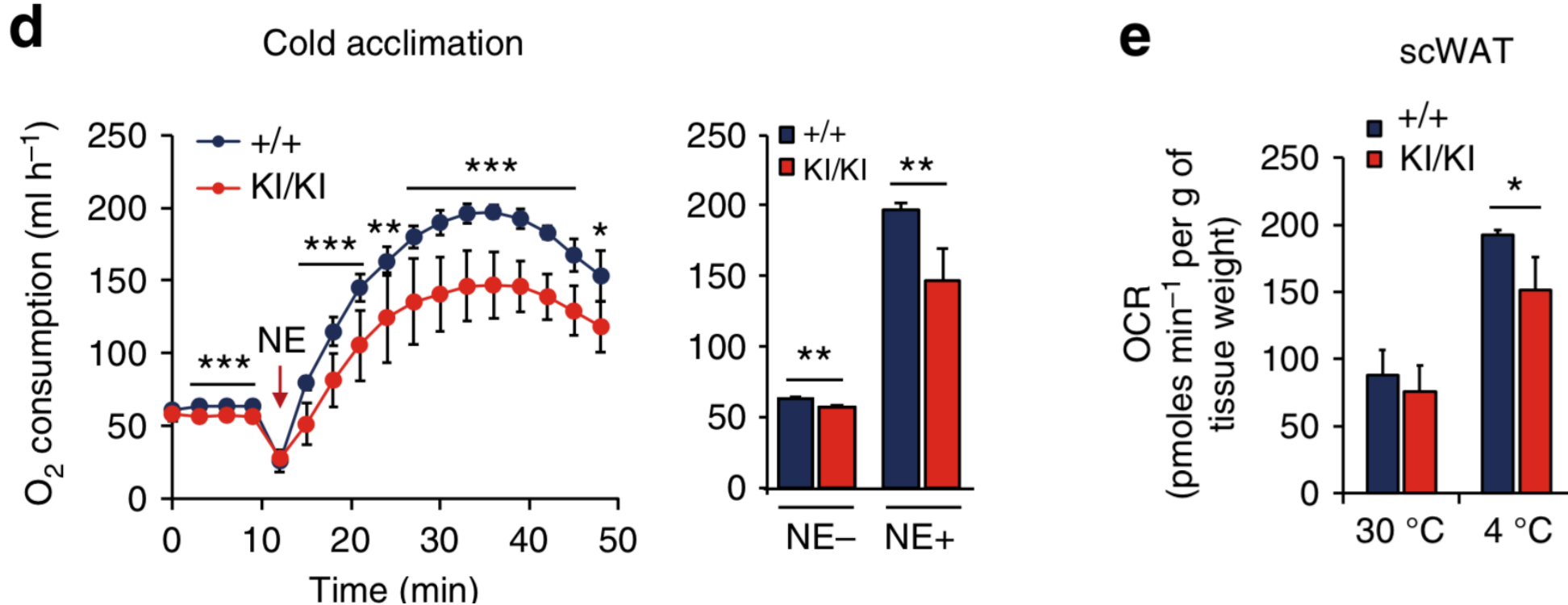


# Diabetes research from the insight of epigenome



# Diabetes research from the insight of epigenome

Phospho-S265 JMJD1A induces beige biogenesis



- Basal whole-body oxygen consumption rate (OCR) before NE injection was significantly higher in the 4 °C- acclimated WT mice.
- OCR response was 20–25% lower in *Jmjd1a*-S265AKI/KI mice, relative to WT mice.